

Lesson C *Used to*

1 Grammar focus: statements and questions

Use *used to* to talk about a past situation or a past habit that is not true now. Use *didn't use to* to talk about a situation or habit that is true now, but wasn't true in the past.



Watch

STATEMENTS

I **used to** eat a lot of fatty foods.

She **didn't use to** go to bed late.

They **used to** exercise every day.

YES / NO QUESTIONS

Did you use to eat a lot of fatty foods?

Did she use to go to bed late?

Did they use to exercise every day?

SHORT ANSWERS

Yes, I did.

No, she didn't.

Yes, they did.

2 Practice

A Write. Complete the sentences. Use *use to* or *used to*.

- A** Did he use to stay up all night?
B Yes, he _____ but he goes to bed early now.
- A** How often do you eat meat?
B I _____ eat meat every night, but now I usually have fish.
- A** _____ she _____ drive to work?
B No, she _____. She _____ her bike, but now she drives.
- A** What do they usually do after work?
B They _____ go straight home, but now they take dance classes twice a week.
- A** Do you exercise every day?
B I _____ exercise every day, but now I exercise only on weekends.
- A** _____ you _____ eat red meat?
B Yes, I _____, but now I'm a vegetarian.
- A** Do you take the stairs?
B No, I don't. I _____, but now I take the elevator.
- A** Does he usually eat dessert?
B Not now, but he _____.

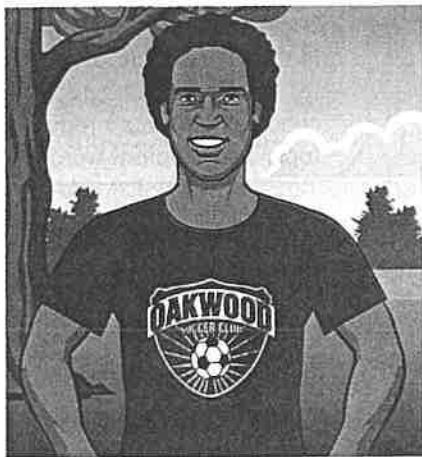
Listen and check your answers. Then practice with a partner.



CD1, Track 28

B Work with a partner. Talk about Michael as a young man and Michael today.

Michael used to play sports, but he doesn't anymore. Now he watches sports on TV.



When Michael was young

1. play sports
2. skip breakfast
3. take vitamins
4. drink coffee
5. sleep late
6. eat fruit between meals
7. work out every afternoon
8. walk to the store

Michael now

- watch sports on TV
- eat three meals a day
- not take vitamins
- drink tea
- get up early
- eat candy and chips between meals
- take a nap every afternoon
- drive to the store

Write sentences about Michael.

When Michael was young, he used to play sports. Now he watches sports on TV.

3 Communicate

A Work in a small group. Complete the sentences. Talk about your health habits.

1. When I was a child, I used to . . . , but now I . . .
2. In my country, I used to . . . , but now I . . .
3. When I was a teenager, I used to . . . , but now I . . .
4. When I first came to this country, I used to . . . , but now I . . .
5. When I had more time, I used to . . . , but now I . . .

B Share information about your classmates.