

Lesson B Present perfect

1 Grammar focus: *recently* and *lately*

Use *recently* and *lately* with the present perfect to suggest that something was done in the past, but not too long ago.



QUESTIONS

Have you **gained** weight **recently**?

Has Sheila **gone** to the gym **lately**?

Have they **seen** the doctor **recently**?

STATEMENTS

I **have gained** weight **recently**.

Sheila **hasn't gone** to the gym **lately**.

No, they **haven't seen** him **recently**.

Regular verbs		Past participles		Irregular verbs	
check	→ checked	start	→ started	eat	→ eaten
exercise	→ exercised	visit	→ visited	give	→ given
gain	→ gained	weigh	→ weighed	go	→ gone
				lose	→ lost
				see	→ seen
				sleep	→ slept

2 Practice

A Write. Complete the sentences. Use the present perfect.



Lola

Lola has been 1. be unhappy recently. She hasn't gone 2. not / go to the gym lately. And she hasn't watched 3. not / watch her weight. She hasn't eaten 4. not / eat healthy food, either. She's eat 5. eat a lot of french fries and drinks 6. drink lots of soft drinks. She has gained 7. gain a lot of weight, and her blood pressure has gone up 8. go up, too.



William

William has started 9. start to get in shape lately. He has lost 10. lose weight recently. His blood pressure has gone down 11. go down, too. He hasn't eaten 12. eat a lot of vegetables, and he hasn't stopped 13. stop eating red meat. He hasn't given up 14. give up hamburgers, french fries, and soft drinks. But he hasn't given up 15. not / give up ice cream!



CD1, Track 27

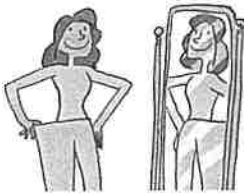
Listen and check your answers.

B Talk with a partner. Ask and answer questions. Use the present perfect with *recently* and *lately*.



A Has Elisa lost weight recently?
B Yes, she has.

A Has Roberto given up desserts lately?
B No, he hasn't.



1. Elisa / lose weight



2. Roberto / give up desserts



3. Joy / start taking vitamins



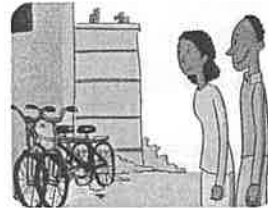
4. Ahmet / gain weight



5. Martin and Julie / exercise a lot



6. Lee / sleep much



7. Robert and Susan / ride their bicycles



8. James / take walks

Write a sentence about each picture. Use the present perfect with *recently* and *lately*.

Elisa has lost weight recently.

3 Communicate

A Work with a partner. Ask and answer questions. Complete the chart.



A Have you eaten a lot of fish lately?
B Yes, I have. How about you?

A Have you had a cold lately?
B No, I haven't. What about you?

Partner's name: _____

Yes

No

1. eat a lot of fish
2. have a cold
3. check your blood pressure
4. see a doctor
5. go to the gym
6. visit a dentist

B Share information about your partner.