

Here is a list of the most common **regular English verbs** in a copy-and-paste-ready table format. Each verb is shown in its:

- Base form
- Present Continuous (be + -ing)
- Simple Past
- Simple Future (will + base)

Base Verb	Present Continuous	Simple Past	Simple Future
walk	am/is/are walking	walked	will walk
talk	am/is/are talking	talked	will talk
play	am/is/are playing	played	will play
work	am/is/are working	worked	will work
live	am/is/are living	lived	will live
call	am/is/are calling	called	will call
ask	am/is/are asking	asked	will ask
look	am/is/are looking	looked	will look
open	am/is/are opening	opened	will open
clean	am/is/are cleaning	cleaned	will clean
watch	am/is/are watching	watched	will watch
start	am/is/are starting	started	will start
finish	am/is/are finishing	finished	will finish
listen	am/is/are listening	listened	will listen
study	am/is/are studying	studied	will study
cook	am/is/are cooking	cooked	will cook
help	am/is/are helping	helped	will help

like	am/is/are liking	liked	will like
need	am/is/are needing	needed	will need
show	am/is/are showing	showed	will show
wait	am/is/are waiting	waited	will wait
brush	am/is/are brushing	brushed	will brush
dance	am/is/are dancing	danced	will dance
paint	am/is/are painting	painted	will paint
pull	am/is/are pulling	pulled	will pull
push	am/is/are pushing	pushed	will push
save	am/is/are saving	saved	will save
type	am/is/are typing	typed	will type
move	am/is/are moving	moved	will move
climb	am/is/are climbing	climbed	will climb
jump	am/is/are jumping	jumped	will jump
carry	am/is/are carrying	carried	will carry
call	am/is/are calling	called	will call
travel	am/is/are traveling	traveled	will travel
walk	am/is/are walking	walked	will walk
talk	am/is/are talking	talked	will talk
skate	am/is/are skating	skated	will skate
smile	am/is/are smiling	smiled	will smile
cry	am/is/are crying	cried	will cry
jog	am/is/are jogging	jogged	will jog
plant	am/is/are planting	planted	will plant
water	am/is/are watering	watered	will water

mail	am/is/are mailing	mailed	will mail
snow	am/is/are snowing	snowed	will snow
rain	am/is/are raining	rained	will rain
fix	am/is/are fixing	fixed	will fix
wash	am/is/are washing	washed	will wash
iron	am/is/are ironing	ironed	will iron
dry	am/is/are drying	dried	will dry
print	am/is/are printing	printed	will print
phone	am/is/are phoning	phoned	will phone
pack	am/is/are packing	packed	will pack
pick	am/is/are picking	picked	will pick
deliver	am/is/are delivering	delivered	will deliver
drop	am/is/are dropping	dropped	will drop
borrow	am/is/are borrowing	borrowed	will borrow
return	am/is/are returning	returned	will return
learn	am/is/are learning	learned	will learn
spell	am/is/are spelling	spelled	will spell
guess	am/is/are guessing	guessed	will guess
practice	am/is/are practicing	practiced	will practice
cross	am/is/are crossing	crossed	will cross
print	am/is/are printing	printed	will print
shop	am/is/are shopping	shopped	will shop
climb	am/is/are climbing	climbed	will climb
shout	am/is/are shouting	shouted	will shout
answer	am/is/are answering	answered	will answer

attend	am/is/are attending	attended	will attend
clean	am/is/are cleaning	cleaned	will clean
clear	am/is/are clearing	cleared	will clear
count	am/is/are counting	counted	will count
cover	am/is/are covering	covered	will cover
deliver	am/is/are delivering	delivered	will deliver
earn	am/is/are earning	earned	will earn
enjoy	am/is/are enjoying	enjoyed	will enjoy
explain	am/is/are explaining	explained	will explain
fill	am/is/are filling	filled	will fill
finish	am/is/are finishing	finished	will finish
hate	am/is/are hating	hated	will hate
hope	am/is/are hoping	hoped	will hope
invite	am/is/are inviting	invited	will invite
join	am/is/are joining	joined	will join
kick	am/is/are kicking	kicked	will kick
laugh	am/is/are laughing	laughed	will laugh
like	am/is/are liking	liked	will like
look	am/is/are looking	looked	will look
love	am/is/are loving	loved	will love
miss	am/is/are missing	missed	will miss
need	am/is/are needing	needed	will need
paint	am/is/are painting	painted	will paint
play	am/is/are playing	played	will play
pull	am/is/are pulling	pulled	will pull

push	am/is/are pushing	pushed	will push
remember	am/is/are remembering	remembered	will remember
return	am/is/are returning	returned	will return
save	am/is/are saving	saved	will save
start	am/is/are starting	started	will start
stay	am/is/are staying	stayed	will stay
stop	am/is/are stopping	stopped	will stop
study	am/is/are studying	studied	will study
talk	am/is/are talking	talked	will talk
travel	am/is/are traveling	traveled	will travel
visit	am/is/are visiting	visited	will visit
wait	am/is/are waiting	waited	will wait
walk	am/is/are walking	walked	will walk
wash	am/is/are washing	washed	will wash
watch	am/is/are watching	watched	will watch
work	am/is/are working	worked	will work
worry	am/is/are worrying	worried	will worry

Let me know if you'd like these exported as a printable worksheet or integrated into a lesson plan.